

# February 2025 / RESORT ACTIVITIES

























## **COMPLIMENTARY RESORT ACTIVITIES**

#### **CULINARY & WINE**

Culinary Arts Classes: Explore the culinary creations at Ocean House as you work hands-on with our culinary team in our Center for Wine & Culinary Arts.

Sippin' with the Somms: In the Center for Wine & Culinary Arts, our sommeliers will guide you through the basics of wine, tasting notes, and unique pairings with food, during a series of classes each week.

#### THE ARTS

Harpist: Join us for light refreshments and harp music in the lobby on Fridays & Saturdays at 3pm.

*Pianist:* Join us in the Lobby Friday-Sunday from 6:30pm-11pm for Piano music with Al Copley

**Screening Room:** Join us in our Screening Room for a movie classic!

Guided History Tour of Ocean House: Take a guided historic tour of the property. Please check in at the Living Room Fireplace and at the hostess stand.

Self-Guided Art Tour of the Ocean House: Take a guided audio tour around the hotel to learn about Ocean House's extensive art collection featuring Ludwig Bemelmans, Artwork by SEM, and various other art collections. The tour is approximately 60 minutes. Guides can be obtained at the front desk.

#### **OUTDOOR**

Fire Pit: Join us at the Fire Pit in the Herb Garden from 6pm - 10pm. (Weather Dependent)

#### **OCEAN & HARVEST SPA: WELLNESS**

Adult Swim: Adult-only swim time daily 7:00am-9:00am & 7:00pm-9:00pm in the pool.

*Mat Pilates*: Invigorating fusion of classic Pilates with floor work to strengthen and tone.

*Tidal Yoga*: Like the ocean everchanging-our skilled instructor tailors each session to exercise the mind, body and spirit in this one-hour class, all levels welcomed. End your session with dynamic group beathing to mimic the heartbeat of the tides. Please check in at the Spa Front Desk.

02/01	02/02	02/03	02/04	02/05	02/06	02/07
8:00am Mat Pilates 9:00am Tidal Yoga  12:30pm Culinary Arts Class: Cooking with Spices  1:30pm Screening Room: Gnomeo & Juliet (G)  2:30pm Sippin' with the Somms: Seasonal Wines  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: Ella Enchanted (PG)	SUNDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga 12:30pm Culinary Arts Class: Shucking Oysters 1:30pm Screening Room: Shrek (PG) 2:30pm Sippin' with the Somms: Uncorking the Americas 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Elemental (PG)	MONDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga	TUESDAY	WEDNESDAY  12:30pm Culinary Arts Class: Chocolate Ganache Strawberries  1:30pm Screening Room: The Princess and the Frog (PG)  2:30pm Sippin' with the Somms: European Treasures  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: The Parent Trap (PG)  5:30pm Aperitivo: Sparkling Wines (Reservations)	THURSDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga  12:30pm Culinary Arts Class: From Chickpeas to Hummus 1:30pm Screening Room: The Little Mermaid (G) 2:30pm Sippin' with the Somms: Bubbles all Around the World 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: A Cinderella Story (PG)	FRIDAY 5:00am - 10:00am Coffee Station  7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga  12:30pm Culinary Arts Class: Guacamole  1:30pm Screening Room: Lady and the Tramp (G)  2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: The Princess Diaries (G)  SPECIAL EVENT 3:30pm In the Kitchen: Cooking for Two (Reservations)

02/08 02/09 02/10 02/11 02/12 02/13	02/14
SATURDAY 5.00am -10.00am Coffee Station 7.00am -10.00am Postry Display 8.00am Mat Pitates 9.00am Mat Pitates	7:00am - 10:00am Pastry Display  8:00am Mat Pilates  9:00am Four Handed Yoga- Partner Poses  12:30pm Culinary Arts Class: Guacamole  1:30pm Screening Room: Lady and the Tramp (G)  2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of  3:30pm Guided History Tour of Ocean House  A  5:00pm Screening Room: The Princess Diaries (G)

02/15	02/16	02/17	02/18	02/19	02/20	02/21
SATURDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Four Handed Yoga- Partner Poses 12:30pm Culinary Arts Class: Cooking with Spices 1:30pm Screening Room: Gnomeo & Juliet (G) 2:30pm Sippin' with the Somms: Seasonal Wines 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Ella Enchanted (PG) SPECIAL EVENT 3:30pm Vine to Wine: Taittinger Champagne & Petrossian Caviar (Reservations)	SUNDAY  5:00am - 10:00am Coffee Station  7:00am - 10:00am Pastry Display  8:00am Mat Pilates  9:00am Tidal Yoga  12:30pm Culinary Arts Class: Shucking Oysters  1:30pm Screening Room: Shrek (PG)  2:30pm Sippin' with the Somms: Uncorking the Americas  2:30pm Sippin' with the Somms: Uncorking the Americas  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: Elemental (PG)  SPECIAL EVENT  5:30pm COAST Presents: Taittinger Champagne (Reservations)  7:00pm Sound Bath: The Sound of Love	MONDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga	TUESDAY	WEDNESDAY  12:30pm Culinary Arts Class: Chocolate Ganache Strawberries  1:30pm Screening Room: The Princess and the Frog (PG)  2:30pm Sippin' with the Somms: European Treasures  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: The Parent Trap (PG)  5:30pm Aperitivo: Wines of South Africa (Reservations)	THURSDAY  5:00am - 10:00am Coffee Station  7:00am - 10:00am Pastry Display  8:00am Mat Pilates  9:00am Tidal Yoga  12:30pm Culinary Arts Class: From Chickpeas to Hummus  1:30pm Screening Room: The Little Mermaid (G)  2:30pm Sippin' with the Somms: Bubbles all Around the World  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: A Cinderella Story (PG)	FRIDAY  5:00am - 10:00am Coffee Station  7:00am - 10:00am Pastry Display  8:00am Mat Pilates  9:00am Tidal Yoga  12:30pm Culinary Arts Class: Guacamole  1:30pm Screening Room: Lady and the Tramp (G)  2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: The Princess Diaries (G)  SPECIAL EVENT 3:30pm In the Kitchen: Cooking for Two (Reservations)

02/22	02/23	02/24	02/25	02/26	02/27	02/28
SATURDAY  5:00am - 10:00am Coffee Station  7:00am - 10:00am Pastry Display  8:00am Mat Pilates  9:00am Tidal Yoga  12:30pm Culinary Arts Class: Cooking with Spices  1:30pm Screening Room: Gnomeo & Juliet (G)  2:30pm Sippin' with the Somms: Seasonal Wines  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: Ella Enchanted (PG)  SPECIAL EVENT 3:30pm Vine to Wine: Wines of Burgundy (Reservations)  7:00pm Black and White Ball: Around the World (Reservations)	SUNDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga  12:30pm Culinary Arts Class: Shucking Oysters 1:30pm Screening Room: Shrek (PG) 2:30pm Sippin' with the Somms: Uncorking the Americas 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Elemental (PG)	MONDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga	TUESDAY	WEDNESDAY  12:30pm Culinary Arts Class: Chocolate Ganache Strawberries  1:30pm Screening Room: The Princess and the Frog (PG)  2:30pm Sippin' with the Somms: European Treasures  5:00pm Screening Room: The Parent Trap (PG)  5:30pm Aperitivo: Wines of Italy (Reservations)	5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga  12:30pm Culinary Arts Class: From Chickpeas to Hummus  1:30pm Screening Room: The Little Mermaid (G)  2:30pm Sippin' with the Somms: Bubbles all Around the World  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: A Cinderella Story (PG)	5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga  12:30pm Culinary Arts Class: Guacamole 1:30pm Screening Room Lady and the Tramp (G)  2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of  3:30pm Guided History Tour of Ocean House  5:00pm Screening Room: The Princess Diaries (G)  SPECIAL EVENT 3:30pm In the Kitchen: Cooking for Two (Reservations)

### SPECIAL EVENTS THIS MONTH:

Sunday Jazz Brunch - On Sundays, Ocean House features its popular Sunday Champagne Jazz Brunch. Brunch at the Ocean House combines unlimited sparkling wine along with classic breakfast items and lunch fare, plus a variety of desserts. \$89/per person, reservations required.

*Valentine's Dinner in COAST* - Set the mood for romance with the enchanting melodies of harpist Faith Leitner, adding an elegant ambiance to your evening. Guests may choose between exquisite Vegetarian or Degustation menu, each offering a symphony of flavors sure to be cherished for years to come. \$175 / per person, reservation required.

**Black & White Ball:** Around the World - An unforgettable evening of elegance and global flair. Explore themed rooms inspired by destinations across the globe, each offering unique culinary delights, creative food stations, and drinks that capture the essence of far-off locales. Guests can sip, savor, and immerse themselves in this international experience before dancing the night away in celebration of community and philanthropy. \$225 / per person, reservations required.

#### **CULINARY & WINE**

In the Kitchen Series: Cooking for Two - Under the guidance of our expert chefs, you'll prepare a delightful menu that is perfect for sharing with someone special. Start with Oysters with Champagne Granita, an elegant and refreshing appetizer that's as beautiful as it is delicious. Next, move on to a vibrant Roasted Beets with Goat Cheese, a perfect balance of earthy flavors and creamy texture. Finally, learn how to make rich and indulgent Gnocchi with Lobster Fra Diavolo, a luxurious yet approachable main course that will impress any palate. \$110 / per person, reservations required.

From Vine to Wine: Chocolate & Wine: You'll explore how different types of chocolate—dark, milk, and white—interact with various wine styles, from rich reds to delicate sparkling wines. The instructor will explain the science and artistry behind these pairings, offering insights into how the texture, sweetness, and bitterness of chocolate can complement or contrast with a wine's acidity, tannins, and fruit flavors. Guests will enjoy tasting a curated selection of wines and chocolates, discovering why certain pairings create a harmonious balance and enhance the experience of both. Whether you're preparing a special treat for a loved one or simply indulging in a decadent experience for yourself, this class will teach you how to create memorable wine and chocolate pairings that are sure to impress. \$95 / per person, reservations required.

From Vine to Wine: Taittinger Champagne & Petrossian Caviar - Learn the art of pairing as you explore how the effervescence and complexity of Champagne elevate the delicate richness of caviar. Discover the subtle interplay of flavors, textures, and aromas in this expert-led journey of indulgence. Perfect for connoisseurs and enthusiasts alike, this intimate experience promises to be a celebration of taste, sophistication, and luxury. \$225 / per person, reservations required.

From Vine to Wine: Wines of Burgundy - Discover why Burgundy's wines have captivated connoisseurs for centuries as you delve into the nuances of its Chardonnay and Pinot Noir, among other varietals. Gain insights into the unique climate, soil, and craftsmanship that make Burgundy wines truly unparalleled. \$150 / per person, reservations required.

**COAST Presents:** Taittinger Champagne - Guided by a Taittinger ambassador, you'll explore the history and craftsmanship of this iconic Champagne house while enjoying a romantic dining experience that perfectly caps off a weekend of love and celebration. \$225 / per person, reservations required.

#### **THE ART**

**South County Museum Presents the Gilded Ages:** Join us in the enchanting Seaside Ballroom as Rebecca Kelly, Executive Director and Curator of the South County Museum in Rhode Island, presents a captivating exploration of the emotional connections we have with clothing and accessories. This historic and luxurious venue provides the perfect backdrop for delving into the ways that textiles and garments transcend utility to become cherished keepsakes and vessels of memory. \$35 / per person, reservations required.

**Sound Bath:** The Sound Of Love: An inspiring and healing journey through the use of Tibetan sound bowls to resonate with the heart chakra- clearing the path for new energy and filling you with revitalization. Beginning with an affirmation ritual, this is ideal first-time experience as we explain and introduce the concepts of sound therapy, do guided breathing as a group, and then ease into the meditative practice of sound in our beautiful relaxation lounge. \$75 / per person, reservations required.