

OH! Spa Wellness Weekends at Ocean House, Rhode Island

By [Anitra Brown](#), About.com Guide March 16, 2012

OH! Spa at the [Ocean House, Watch Hill](#), right on the coast of Rhode Island in Westerly, is hosting a series of Wellness Weekends this year that are an easy spa getaway by train from Boston or New York City. Special events include a yoga class, how to make smoothies with "Food Forager" Jan Dane, a mini-facial with a collagen-boosting line called Ocean +, and a beach-side fitness class. The next one is coming up April 20-22. You can go for the day for \$75 (a super-bargain) or spend two nights in this fabulous luxury inn, a \$146 million recreation of the Victorian resort originally built in 1868.



Two nights and all the other Wellness Weekend perks (including a 10% discount on their treatments) begin at \$758 (single occupancy) and \$932 (double occupancy). Still a bargain!

I "test drove" the Wellness Weekend with some other spa writers recently and highly recommend it! Stay overnight if you can. It's an exceptional property where money was no object because the "investors" saved the hotel out of love, not expecting to get their money back.

After April there are more Wellness Weekends planned for October 26-28, and November 9-11, 2012. Make reservations now for the summer. With just 49 gorgeous rooms, it will be jammed!

Photo by the Ocean House.